

# Suggested Scripture for Dwelling

## For 5- to 10-minute Dwelling

### **Psalm 139:13-14**

For you created my inmost being;  
you knit me together in my mother's womb.  
I praise you because I am fearfully and wonderfully made;  
your works are wonderful, I know that full well.

### **Matthew 11:28 (CEV)**

Jesus said: "If you are tired from carrying heavy burdens,  
come to me and I will give you rest."

### **Isaiah 35:2c-4a (NRSVA)**

They shall see the glory of the Lord, the majesty of our God.  
Strengthen the weak hands, and make firm the feeble knees.  
Say to those who are of a fearful heart,  
Be strong, do not fear!  
Here is your God.'

### **Luke 6:27-28**

But to you who are listening I say: Love your enemies, do  
good to those who hate you, bless those who curse you,  
pray for those who mistreat you."

### **John 8:12**

Jesus said: "I am the light of the world.  
Whoever follows me will never walk in darkness  
but will have the light of life.'

### **Jeremiah 29:11**

"For I know the plans I have for you," declares the Lord,  
"plans to prosper you and not to harm you,  
plans to give you hope and a future."

### **Joshua 1:9**

"Have I not commanded you?  
Be strong and courageous.  
Do not be afraid;  
do not be discouraged,  
for the Lord your God will be with you wherever you go."

### **John 10:10-11**

The thief comes only to steal, kill and destroy;  
I have come that they may have life,  
and have it to the full.

"I am the good shepherd.  
The good shepherd lays down his life for the sheep."

### **2 Corinthians 4:18 (NRSVA)**

We look not at what can be seen,  
but at what cannot be seen;  
for what can be seen is temporary,  
but what cannot be seen is eternal.

### **Matthew 13:45-46**

Jesus said: "the kingdom of heaven  
is like a merchant looking for fine pearls.  
When he found one of great value,  
he went away and sold everything he had and bought it."

### **Numbers 14:20 (NRSVA)**

Then the Lord said, 'I do forgive, just as you have asked'.

## For 10- to 20-minute Dwelling

### **Psalm 139:7-10**

Where can I go from your spirit?  
Where can I flee from your presence?  
If I go up to the heavens, you are there;  
if I make my bed in the depths, you are there.  
If I rise on the wings of the dawn,  
if I settle on the far side of the sea,  
even there your hand will guide me,  
your right hand will hold me fast.

### **Matthew 9:35-36 (NRSVA)**

Jesus went about all the cities and villages, teaching in  
their synagogues, and proclaiming the good news of the  
kingdom, and curing every disease and every sickness.  
When he saw the crowds, he had compassion for them,  
because they were harassed and helpless, like sheep without  
a shepherd.

### **Deuteronomy 15:7-8 (NRSVA)**

If there is among you anyone in need, a member of your  
community in any of your towns within the land that the Lord  
your God is giving you, do not be hard-hearted or tight-  
fisted towards your needy neighbour. You should rather  
open your hand, willingly lending enough to meet the need,  
whatever it may be.

### **Genesis 1:27-28a**

So God created mankind in his own image,  
in the image of God he created them;  
male and female he created them.  
God blessed them and said to them, "Be fruitful and  
increase in number".

**Genesis 28:12-17**

He had a dream in which he saw a stairway resting on the earth, with its top reaching to heaven, and the angels of God were ascending and descending on it. There above it stood the Lord, and he said:

"I am the Lord, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying. Your descendants will be like the dust of the earth, and you will spread out to the west and to the east, to the north and to the south. All peoples on earth will be blessed through you and your offspring. I am with you and will watch over you wherever you go, and I will bring you back to this land. I will not leave you until I have done what I have promised you."

When Jacob awoke from his sleep, he thought, "Surely the Lord is in this place, and I was not aware of it." He was afraid and said, "How awesome is this place! This is none other than the house of God; this is the gate of heaven."

**1 Kings 19:11-13**

The Lord said, "Go out and stand on the mountain in the presence of the Lord, for the Lord is about to pass by."

Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a gentle whisper. When Elijah heard it, he pulled his cloak over his face and went out and stood at the mouth of the cave.

Then a voice said to him, "What are you doing here, Elijah?"

**Psalms 84:1-4**

How lovely is your dwelling place, Lord Almighty!  
My soul yearns, even faints,  
for the courts of the Lord;  
my heart and my flesh cry out  
for the living God.

Even the sparrow has found a home,  
and the swallow a nest for herself,  
where she may have her young—  
a place near your altar,  
Lord Almighty, my King and my God.  
Blessed are those who dwell in your house;  
they are ever praising you.

**Proverbs 3:13-18**

Blessed are those who find wisdom,  
those who gain understanding,  
for she is more profitable than silver  
and yields better returns than gold.

She is more precious than rubies;  
nothing you desire can compare with her.

Long life is in her right hand;  
in her left hand are riches and honour.  
Her ways are pleasant ways,  
and all her paths are peace.  
She is a tree of life to those who take hold of her;  
those who hold her fast will be blessed.

**Isaiah 40:28-31**

Do you not know?  
Have you not heard?  
The Lord is the everlasting God,  
the Creator of the ends of the earth.  
He will not grow tired or weary,  
and his understanding no one can fathom.  
He gives strength to the weary  
and increases the power of the weak.  
Even youths grow tired and weary,  
and young men stumble and fall;  
but those who hope in the Lord  
will renew their strength.  
They will soar on wings like eagles;  
they will run and not grow weary,  
they will walk and not be faint.

**Jeremiah 17:7-8**

"But blessed is the one who trusts in the Lord,  
whose confidence is in him.  
They will be like a tree planted by the water  
that sends out its roots by the stream.  
It does not fear when heat comes;  
its leaves are always green.  
It has no worries in a year of drought  
and never fails to bear fruit."

**Micah 6:6-8**

With what shall I come before the Lord  
and bow down before the exalted God?  
Shall I come before him with burnt offerings,  
with calves a year old?  
Will the Lord be pleased with thousands of rams,  
with ten thousand rivers of olive oil?  
Shall I offer my firstborn for my transgression,  
the fruit of my body for the sin of my soul?  
He has shown you, O mortal, what is good.  
And what does the Lord require of you?  
To act justly and to love mercy  
and to walk humbly with your God.

**Psalms 46:1-3, 10a**

God is our refuge and strength,  
an ever-present help in trouble.  
Therefore we will not fear, though the earth give way  
and the mountains fall into the heart of the sea,  
though its waters roar and foam  
and the mountains quake with their surging.  
He says, "Be still, and know that I am God.

**Matthew 6:25-27**

"Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life?"

### **Matthew 7:24-27**

"Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. But everyone who hears these words of mine and does not put them into practice is like a foolish man who built his house on sand. The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

### **John 8:7**

When they kept on questioning him, he straightened up and said to them, "Let any one of you who is without sin be the first to throw a stone at her."

### **1 Corinthians 13:4-7**

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.

### **Romans 8:31b, 37-39**

If God is for us, who can be against us?

No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.

### **Philippians 4:4-7**

Rejoice in the Lord always. I will say it again: Rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

### **Revelation 21:1-4**

Then I saw "a new heaven and a new earth," for the first heaven and the first earth had passed away, and there was no longer any sea. I saw the Holy City, the new Jerusalem, coming down out of heaven from God, prepared as a bride beautifully dressed for her husband. And I heard a loud voice from the throne saying, "Look! God's dwelling place is now among the people, and he will dwell with them and be their God. 'He will wipe every tear from their eyes. There will be no more death' or mourning or crying or pain, for the old order of things has passed away."

## **For 20- to 40-minute Dwelling**

**Matthew 14:22-33 – Peter walks on water**

**Mark 10:46-52 – Blind Bartimaeus Receives His Sight**

**Luke 5:1-11 – Jesus Calls His First Disciples**

**John 13:1-17 – Jesus Washes His Disciples' Feet**

**Exodus 3:1-6 – Moses and the Burning Bush**

**1 Samuel 3:1-10 – The Lord Calls Samuel**

---

*Scripture quotations are taken from THE HOLY BIBLE, NEW INTERNATIONAL VERSION® NIV® Copyright © 1973, 1978, 2011 by Biblica, Inc.® Used by permission. All rights reserved worldwide.*

*Scripture quotations marked (CEV) are from the Contemporary English Version Copyright © 1991, 1992, 1995 by American Bible Society. Used by Permission.*

*Scripture quotations marked (NRSVA) are from the New Revised Standard Version Bible: Anglicised Edition, copyright © 1989, 1995 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.*