## **Dwelling in the Word – Ephesians**

## Ephesians 1.3-14

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. <sup>5</sup> He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, 6 to the praise of his glorious grace that he freely bestowed on us in the Beloved. <sup>7</sup> In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace 8 that he lavished on us. With all wisdom and insight 9 he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, <sup>10</sup> as a plan for the fullness of time, to gather up all things in him, things in heaven and things on earth. <sup>11</sup> In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, <sup>12</sup> so that we, who were the first to set our hope on Christ, might live for the praise of his glory. 13 In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; 14 this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

## Ephesians 3.14-21

For this reason I bow my knees before the Father, <sup>15</sup> from whom every family in heaven and on earth takes its name. <sup>16</sup> I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, <sup>17</sup> and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. <sup>18</sup> I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, <sup>19</sup> and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine,
to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen.

These verses are from the New Revised Standard version of the Bible, copyright @ 1989 the Division of Christian Education of the National Council of the Churches of Christ in the United States of America.

## How to dwell in the Word

Dwelling in the Word is a process that many people in the Diocese of Oxford are using to listen to scripture, to each other and to God. It's not about sharing information, seeking scholarly answers - or even the right answers - to the issues raised in the text, but it is about listening each other into free speech and discerning what God is up to amongst us.

Have copies of this sheet available at every meeting so that the passages overleaf can be read by different people each time you meet. You should set aside, without apology, at least 20 minutes for this activity. Dwelling in the Word is far from magical or formulaic; it won't solve all the problems or answer all the questions, difficulties and issues your group, council or committee has to address. However, over time, this discipline forms a community of the Holy Spirit, where the Spirit is as welcome and expected a presence as anyone else there.

- Start with prayer inviting the Spirit to guide your attending to the Word of God.
- When everyone is ready, begin with one person reading the passage out loud to the group.
- Now let some silence unfold as people let the words have their impact. Notice where your attention lingers. This might be a word or a phrase.
- Ask a second person to read the passage out loud once more.
- Each person in the group finds someone they know less well and listens
  to that person as they describe what they heard in the passage. What
  captured their imagination in the passage and what would they like to find
  out more about? Each person should listen well as they will be asked to
  report back to the rest of the group (or another pairing if you're a large
  group) what their partner said.

- What have you heard that might be significant? Discuss as a group what God might be up to in the passage for your group on that day. It can be helpful for the facilitator to make a brief note of what she or he hears from the group and to capture that in a short prayer at the end.
- Finally, let people know that as your conversation on other matters continues, anyone at any time may call for the gospel and the group will return to the passage.

God of gentleness and love
Draw near to us as we draw near to you
Dwell in every heart and conversation
Fashion in us the likeness of your Son,
Jesus Christ.

Help us to discern together all that you are calling us to be And all that you are calling us to do.

Assist us, by your Spirit, to become a more contemplative, more compassionate and more courageous Church For the building of your kingdom and the glory of your Son.

Amen

Dwelling in the Word is not the only way to study scripture, but if you'd like to find out more visit **oxford.anglican.org/dwelling** 

Dwelling in the Word. So that the Word begins to dwell in you.

