

Come and See 2025

Children: Week 4

Question 1: Have you ever seen water help things to grow?

Question 2: What do you think the world needs to feel happy and good?

Question 3: When have you felt love or kindness fill your heart?

Question 4: Do you ever feel really empty or tired and like you need water?

The Water of Life

Hi, it's Charlie again and it's great to see you here for the fourth week on our series about baptism. This week we're talking about the water of life.

I wonder if you can remember ever feeling really thirsty. I am really dumb sometimes. I always forget to drink water at lunchtime, and then an hour or so later I suddenly realise and I think why am I so thirsty?

We need water. And if you've done any activities where you're running around then you're going to need water during and certainly afterwards. I love going up mountains, and I always take a litre, a litre and a half of water, and there's nothing like reaching the top of that mountain and then celebrating by having a good long swig of water. In fact, here is some now. Oh, just imagine this after you've climbed a mountain. Wonderful.

And it's the same if you've been running around on a football pitch or a playing field, or maybe you've been on a hot beach playing with your friends or your family. That water that cools us down and refreshes us.

And we get thirst, don't we? To tell us, to remind us to drink, because we need water to survive as human beings. Water brings life. If we take water away, there would be no life here on earth. Plants need water, animals need water, crops need water, humans need water.

But water is also a way of speaking for Christians about the Holy Spirit. The Holy Spirit, God's Spirit, Jesus' Spirit, which comes to live inside us and gives us that life and refreshment.

And just as I might feel thirsty after running around or climbing a mountain, if you like, our souls can feel thirsty and dry. And God promises to give us his spirit to bring life right into the heart of who we are, to quench our spiritual thirst.

If you imagine that you're a plant, if you like, God is the watering can, that he pours his spirit into so that we can grow and flourish and become the people that he wants us to be.

And Christians often talk about the Holy Spirit being like a warming of the heart. Maybe you have pets you love or family or friends that you love to be around, and they warm your heart. Well imagine, as we said last week, if you're part of God's family then the Holy Spirit is that part of God which comes to warm our hearts and to make us feel at home, and most importantly to give us that water of life.

So if you're doing the Space Maker exercises, you might think about doing the Filling exercise for this week. Do give it a go if you want to. If not, don't worry and we'll see you next week.