

Tuesday

# Adoration of the Blessed Sacrament and Benediction



**Chosen,  
Called,  
Commissioned**

Adoration of the Blessed Sacrament and Benediction is a beautiful and contemplative liturgy in which we are invited to spend time in God's presence, as we simply gaze upon him present in the Eucharist, before receiving his blessing.

The liturgy includes scripture, songs, and responses, and most notably, periods of waiting on the Spirit and extended silence. We use candles to remind us of the light of Christ shining as a beacon of hope into the world, and incense to honour the holy mysteries and as a symbol of our prayers rising before God.

Please feel free to respond in whatever way is most comfortable and natural for you. You may wish to kneel, or to sit or even prostrate yourself on the floor - or you may prefer to remain seated. You may wish to join in with the songs, or simply to listen contemplatively.

This is a holy space, aiming to enable personal encounter with God, and you are free to take from it whatever you wish to. You are simply invited to enter into it with open hearts and minds, and to know that God is present in this place in whatever way you understand this to be the case.

May God's unconditional love surround you and may your soul rest in his presence this evening.

## Preparation

### Gathering Songs

As we are gathered, Jesus is here;  
one with each other, Jesus is here.  
Joined by the Spirit, washed in the blood,  
part of the body, the church of God.  
As we are gathered, Jesus is here,  
one with each other, Jesus is here.

*Words and Music: John Daniels  
© 1979 Authentic Media/ Adm. by kingswaysongs.com*

I come in simplicity, longing for purity,  
to worship you in spirit and truth;  
only you.

Lord, strip it all away 'til only you remain  
I'm coming back to my first love;  
only you.

*You're the reason I sing, the reason I sing,  
yes, my heart will sing how I love you.  
And forever I'll sing, forever I'll sing,  
yes, my heart will sing how I love you.*

I come with my broken song to you the Perfect One,  
to worship you in spirit and truth,  
only you.

Give me a childlike heart, lead me to where you are,  
'cause I'm coming back to my first love,  
only you.

*You're the reason I sing, the reason I sing...*

*Words and Music: Chris Llewellyn / Gareth Gilkeson / Rend Collective  
© Capitol CMG Publishing*

## Entrance Song

*During this song, the officiant enters and the Blessed Sacrament is exposed on the altar.*

**Lord I come to you, let my heart be changed, renewed,  
flowing from the grace that I found in you.**

**And Lord I've come to know the weaknesses I see in me  
will be stripped away by the power of your love.**

***Hold me close, let your love surround me;  
bring me near, draw me to your side.  
And as I wait I'll rise up like the eagle  
and I will soar with you,  
your Spirit leads me on,  
in the power of your love.***

**Lord unveil my eyes, let me see you face to face,  
the knowledge of your love as you live in me.**

**Lord, renew my mind, as your will unfolds in my life  
in living every day by the power of your love.**

***Hold me close, let your love surround me...***

*Words and Music: Hillsong Worship  
© 1992 Hillsong Worship*

## Exposition

*The officiant offers opening words. During the following song, the Sacrament is censed.*

## **Song of Praise**

**Jesus shall take the highest honour,  
Jesus shall take the highest praise;  
let all earth join heaven in exalting  
the Name which is above all other names!**

**Let's bow the knee in humble adoration,  
for at his Name every knee must bow,  
let every tongue confess he is Christ God's only Son;  
Sovereign Lord, we give you glory now!**

**For all honour and blessing and power  
belongs to you, belongs to you!  
All honour and blessing and power  
belongs to you, belongs to you,  
Lord Jesus Christ, Son of the living God!**

*Words and Music: Chris Bowater*

*© 1989 Word Music, Llc, Curb Word Music*

## **Scripture Reading**

*John 12: 20–26*

Now among those who went up to worship at the festival were some Greeks. They came to Philip, who was from Bethsaida in Galilee, and said to him, 'Sir, we wish to see Jesus.' Philip went and told Andrew; then Andrew and Philip went and told Jesus. Jesus answered them, 'The hour has come for the Son of Man to be glorified. Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honour.'

*Silence is kept.*

## Song of Praise

*I want to be out of my depth in your love,  
feeling your arms so strong around me.  
Out of my depth in your love,  
out of my depth in you. (x2)*

Learning to let you lead, putting all trust in you;  
deeper into your arms, surrounded by you.  
Things I have held so tight, made my security;  
give me the strength I need to simply let go.

*I want to be out of my depth in your love...*

*Words and Music: Doug Horley / Noel Richards  
© 1995 Thankyou Music*

## Worship Song

To be in your presence,  
to sit at your feet,  
when your love surrounds me  
and makes me complete.

*This is my desire, O Lord, this is my desire.  
This is my desire, O Lord, this is my desire.*

To rest in your presence,  
not rushing away,  
to cherish each moment,  
here I would stay.

*This is my desire, O Lord, this is my desire...*

*Words and Music: Noel Richards  
© 1991 Thankyou Music*

*Silence is kept for an extended period, as we contemplate the presence of Jesus with us. After this time of silent adoration, the officiant introduces the Song of Invocation.*

## Song of Invocation

**Waiting for your Spirit,  
thirsty for your Spirit;  
touching us, Lord, as we pray,  
filling our lives with You again.  
Fall on us, Lord, as we call on you. (repeated)**

*Words and Music: Mick Gisbey  
© 1995 Thankyou Music*

*The officiant invites those present, if they sense what may be a prompting of the Spirit through a word picture, to share it with the assembly by speaking it aloud for all to hear.*

*The officiant offers an extempore Concluding Prayer.*

## Benediction

*During the following song, the Sacrament is censed.*

## Worship Song

*Lower voices* **May the fragrance of Jesus fill this place,**  
*Upper voices* **May the fragrance of Jesus fill this place,**  
*Lower voices* **May the fragrance of Jesus fill this place,**  
*Upper voices* **Lovely fragrance of Jesus.**  
*All* **Rising from the sacrifice  
of lives laid down in adoration.**

*Lower voices* **May the glory of Jesus fill his Church,**  
*Upper voices* **May the glory of Jesus fill his Church,**  
*Lower voices* **May the glory of Jesus fill his Church,**  
*Upper voices* **Radiant glory of Jesus.**  
*All* **Shining from our faces  
as we gaze in adoration.**

*Lower voices*    **May the beauty of Jesus fill my life,**  
*Upper voices*    **May the beauty of Jesus fill my life,**  
*Lower voices*    **May the beauty of Jesus fill my life,**  
*Upper voices*    **Perfect beauty of Jesus.**  
*All*                **Fill my thoughts, my words, my deeds,**  
                       **my all I give in adoration. (x2)**

*Words and Music: Graham Kendrick*  
*© 1987 Maranatha! Music*

## Collect

*Officiant*    Lord Jesus Christ,  
                       who said to your disciples,  
                       I am the way, the truth and the life:  
                       grant us to walk in your way,  
                       to rejoice in your truth,  
                       and to share your risen life;  
                       you, who are alive and reign,  
                       now and for ever.  
*All*                **Amen.**

*The priest makes the sign of the cross over the people with the monstrance in blessing.*

## Acclamations

*Officiant*    Jesus said, I am the bread of life,  
                       anyone who comes to me shall not hunger,  
                       anyone who believes in me shall never thirst.  
*All*                **Alleluia. Lord, give us this bread always.**  
  
*Officiant*    The bread of God comes down from heaven,  
                       and gives life to the world.  
*All*                **Alleluia. Lord, give us this bread always.**  
  
*Officiant*    Anyone who eats my flesh  
                       and drinks my blood has eternal life  
                       and I will raise them up on the last day.  
*All*                **Alleluia. Lord, give us this bread always.**



*Officiant* It is the Spirit that gives life; the flesh is of no avail.  
The words I speak, they are spirit and they are life.

*All* **Alleluia. Lord, give us this bread always.**

## **Reposition**

*During the following song, the Sacrament is replaced in the aumbry and the ministers depart.*

**Lord, I lift your name on high,  
Lord, I love to sing your praises,  
I'm so glad you're in my life,  
I'm so glad you came to save us:**

**You came from heaven to earth  
to show the way  
from the earth to the cross  
my debt to pay  
from the cross to the grave,  
from the grave to the sky,  
Lord, I lift your name on high. *(repeated)***

*Words and Music: Rick Founds  
© 1989 Maranatha Praise, Inc*

Some liturgical materials in this service are copyright and reproduced here by permission: Common Worship © The Archbishops' Council 2000–2008. Scripture readings are taken from the New Revised Standard Version Bible: Anglicized Edition, © 1989, 1995 National Council of the Churches of Christ in the United States of America. Used by permission. All rights reserved.

All songs covered by Christian Copyright Licensing International Ltd have been reproduced under CCL No. 22305368. All other songs have been reproduced by permission of the copyright holders.





[oxford.anglican.org/clergy-conference](https://oxford.anglican.org/clergy-conference)

